

Physical Education Curriculum Intents - Churnet View Middle School

The PE curriculum at Churnet View Middle school is aimed to give all students` experience of an innovative, broad and varied curriculum in a range of sports. The PE programme of study is ambitious, accessible and challenging to our pupils that allows pupils to progress from sport-to-sport, year-to-year. The aim of the curriculum is to challenge pupils to reach their full potential in all sports. This is through a number of factors: - physically- socially- cognitively- emotionally-morally.

The range of sports offered across the curriculum is varied and considers a number of factors. One of the main stakeholders in creating the PE curriculum are the pupils themselves. The curriculum is pupil driven, with feedback from the PE pupil voice considered and included. Pupils were asked which sports they would like to be included within the PE curriculum and the results were applied to the Long-Term PE planning. The PE curriculum is also based on the National Curriculum aims and outcomes. This is achieved through a number of differently selected sports. The selection of these sports is influenced by the local sports opportunities and such prospects for pupils to explore outside of school and also through lifelong participation in sport. Another factor in designing the PE curriculum is to engage all pupils in sport through the inclusion of a variety of sports that are less mainstream, so that pupils not only experience these sports, but have the opportunity to succeed in them. Sports such as Archery, Boulderling and Outdoor Survival are included to increase the cultural capital within the PE curriculum. Previously these sports would only be delivered in Outdoor Residential visits, some of which were only accessed by pupils/parents that could afford them. Attending relevant teacher CPD and purchasing the specific equipment, all pupils now have the opportunity to take part in such sporting activities. Pupils are provided with the equipment, kit and facilities to be able to participate and make achievements through high quality physical education and school sport.

Within the PE curriculum, pupils will take part in active, fun and challenging lessons, making progress throughout. Pupils will be encouraged through sport and attain enjoyment of physical activity through safe practice. Pupils will develop skills and techniques in a range of physical activities through quality teaching, high levels of learning and continuous assessment. They will be provided with competitive opportunities working within a team and as individuals, which will promote desirable attitudes to success and failure. Through effective school/sport links, pupils can develop through sport further, promoting lifelong involvement in physical activity. All pupils will be provided with the opportunity to be healthy, stay safe, enjoy, achieve and contribute to the community.

	<i>By the end of year 6</i>	<i>By the end of year 8</i>
Physical Education	The Key Stage 2 PE curriculum is designed to consolidate the learning from the first schools that pupils arrive at Churnet View with, and continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. Skills and techniques are delivered in a progressive approach to allow for more complex skills to be taught and consolidated, and for a more advanced language and terminology bank to be used and utilised within sport. This will provide the opportunity for pupils to become confident and consistent within their understanding and application of skills in a performance context. This will improve the fluidity when transferring these skills to all other sporting contexts. Pupils will enjoy communicating, collaborating and competing with each other and develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. Pupils will be taught to use running, jumping, throwing and catching in isolation and in combination and play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. Pupils will develop flexibility, strength, technique, control and balance [for example, through athletics and	The PE curriculum in years 7 and 8 is primarily designed to consolidate the learning that has taken place in KS2. This allows pupils to become more competent, confident and expert in their techniques, applying them across different sports and physical activities. Pupils will be introduced to the language and the skills that will be developed in KS3 and be exposed to the advanced terminology before leaving middle school, arming them with a solid foundation of skills that could bring a needed confidence boost when starting year 9. Pupils` depth of knowledge and understanding will be assessed within a performance context, demonstrating their learning in a practical manner, highlighting previous knowledge that they have learnt during KS2 and KS3 so far, and their ability to transfer these smoothly to other sporting contexts. Lessons are delivered as such to provide pupils with the opportunity to demonstrate and further enhance their knowledge and understanding gained from KS2. In year 8, learning is designed to further progress the skills and knowledge of the pupils learnt previously at the start of KS3, before being introduced to the language used in KS4, including links to content taught in the GCSE and BTEC specifications. All pupils will understand what makes a performance effective and how to apply these principles to their own and others` work. They will develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.

	<p>gymnastics]. They will perform dances using a range of movement patterns and take part in outdoor and adventurous activity challenges both individually and within a team. Pupils will compare their performances with previous ones and demonstrate improvement to achieve their personal best. Pupils will access swimming lessons in year 5 and in particular, be taught to swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively [for example, front crawl, backstroke and breaststroke. Pupils will also perform safe self-rescue in different water-based situations. Pupils will have the opportunity to access a variety of PE trips during Key Stage 2, with the aim of increasing pupils cultural capital and experiences in a range of sports not offered within the mainstream PE curriculum. The Sports Premium funding will also be used to increase pupils participation in sport and provide pupils with the equipment and resources to experience a high quality physical education and school sport. All of this combined will provide the pupils with a solid foundation in preparation for advancing on to KS3.</p>	<p>Pupils will be taught to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis] and develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]. Pupils will explore and communicate ideas by performing dances using advanced dance techniques within a range of dance styles and forms. They will take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group. Pupils will analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best and access competitive sports and activities outside school through community links or sports clubs. Within Key Stage 3, pupils will access a range of sports, increasing their knowledge of various historical, social, spiritual and cultural links whilst also recognising their importance of cross-curricular topics such as social and gender divides, providing an inclusive curriculum for all. Pupils will use physical education at Churnet View to develop their understanding of competition, including: fair play, sportsmanship, team work, passion and playing within the rules. Pupils will have the opportunity to access sports related trips within Key Stage 3, increasing their cultural capital by exposing them to a variety of new experiences within the local area, aiming to ignite an interest and encouraging lifelong participation in this area. Such trips can expand a pupil's cultural capital by helping their social, moral, physical, spiritual and cultural development. All of this combined will provide the pupils with a solid foundation to progress through KS3 and begin the transition into KS4.</p>
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