

## Personal, social, health and economic/ Relationship, sex, education Curriculum Intents

### Churnet View Middle School

#### **Curriculum Intent for PSHE / RSE: What we are trying to achieve with our PSHE / RSE curriculum.**

The Personal Social Health Education (PSHE) including Relationships Sex Education (RSE) at Churnet View Middle School is at the heart of our school values and ethos and runs throughout all that we do. Our PSHE/ RSE curriculum aims to enable our children to become healthy, safe, independent, responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of an ever-changing modern Britain.

The PSHE/RSE curriculum aims to help pupils to aspire to be the best they can be, to have dreams for their future and know what is required to reach them. It provides opportunities for our pupils to learn about rights and responsibilities and appreciate what it means to be a valuable member of an ever-changing diverse society. We will help them to understand and consider many of the moral, social and cultural issues that are part of growing up in Modern Britain. It deepens our pupils' understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance. We teach our pupils age-appropriate understanding of healthy relationships through appropriate relationship and sex education. The curriculum stimulates, challenges and nurtures children's spiritual, moral, social and cultural curiosity. It helps pupils to understand the importance of their physical and mental health, understand emotions and feelings and have strategies to help them become resilient and confident so they are ready for the transition to Secondary school. Pupils are taught regularly timetabled PSHE / RSE lessons by a member of a Churnet View Middle School staff with whom the pupils are familiar.

KS3 pupils have one lesson per week and KS2 follow a carousel where PSHE is taught at least once a fortnight. RSE is taught on Friday's with author group teachers.

Staff follow our tailor-made whole school scheme to plan their lessons. Lessons have links and guidance with the National Curriculum expectations. Lessons are adapted to meet the needs of each individual class / pupils and to deal with issues as they arise. Assemblies, break out days, visits and visitors are used to support the teaching and learning. This all increases the cultural capital amongst the curriculum.

	<b><i>By the end of year 6</i></b>	<b><i>By the end of year 8</i></b>
<b>PSHE/RSE</b>	<p>The Key Stage 2 PSHE/RSE curriculum is designed to consolidate the learning from the first schools. Pupils can approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life such as managing money, relationships, healthy eating, becoming an active citizen (British Values/ What it means to be British), keeping safe and conflict. From exposure to a range of global issues and problems, pupils can build up tolerance and a sense of responsibility of being a global citizen. Pupils can understand the different lifestyles that people may live and be respectful and tolerant towards those leading different lives to themselves. At Churnet View, PSHE is considered important across the curriculum and is a fundamental part of the Pupil's school experience, where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. Flexibility in the timetable is also important to allow us to respond to local/national/global events that may occur and allow us to respond to any such event in an age appropriate way. The distribution of lessons complements key campaigns throughout the year, such as; Anti-Bullying Week, Black History Month, International day of poverty and Mental Health Week. Churnet View's catchment is predominantly white British, so it is essential that we widen our pupil's understanding of their social and cultural tradition and an appreciation of the diversity and richness of other cultures within our country and the wider world. Lessons on Racism and Black Lives Matter campaigns help this. All of this combined will provide the pupils with a solid foundation in preparation for advancing on to KS3.</p>	<p>The PSHE/RSE curriculum in years 7 and 8 is primarily designed to consolidate the learning that has taken place in KS2. At key stage 3, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase. PSHE education acknowledges and addresses the changes that young people experience, beginning with transition to secondary school, the challenges of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage diverse relationships, their online lives, and the increasing influence of peers and the media. The PSHE curriculum promotes safe, equal, caring and enjoyable relationships and we look at real-life issues appropriate to the age and stage of pupils, including friendships, families, consent, relationship abuse, sexual exploitation and safe relationships online. The KS3 programme gives a positive view of human sexuality so that pupils can learn about their bodies and sexual and reproductive health in ways that are appropriate to their age and maturity. Furthermore, it gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views. The curriculum fosters gender equality and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination. All of this combined will provide the pupils with a solid foundation to progress through KS3 and begin the transition into KS4.</p>