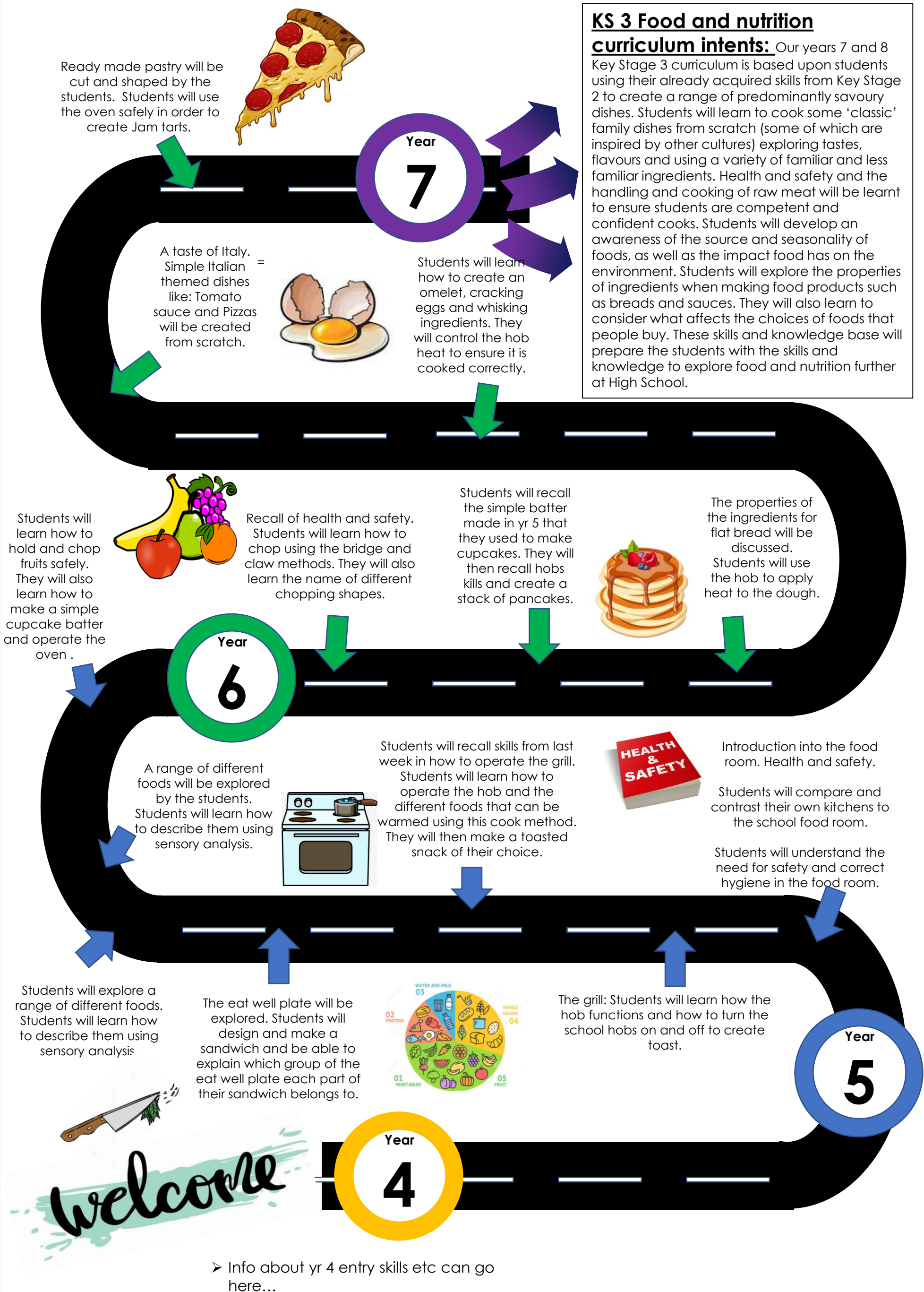




Learning journey map

Key stage 2 Food and nutrition



Churnet Views Food and Nutrition curriculum:

Food and Nutrition at Churnet View will equip ALL students with the knowledge, understanding and skills required to be able to cook and to apply the principles of food science, nutrition and healthy eating. Our curriculum will encourage ALL students to cook and enable them to make informed decisions about the foods that they eat and buy and hopefully pass this knowledge on to friends and family members, as well as equip them for adult life. Our curriculum aims to inspire, challenge and develop independence, whilst equipping students with the knowledge and skills required to create, cook and evaluate their own dishes.

KS 2 Food and Nutrition curriculum intents:

Our years 5 and 6 Key Stage 2 curriculum is based upon students understanding how simple it is to prepare their own food and to understand the impact good food choices can make on health and lifestyle. They learn about all the main food groups and their nutritional value supporting a healthy lifestyle. They learn about food storage, food room safety and hygiene. They develop the basic practical skills in the kitchen preparing and cooking foods using the grill, hob and oven. Students are encouraged to try out simple, homemade food products and are taught how to critique the flavour, textures, appearance and smell of these products.