

March 2023

Dear Parents/Carers,

Year 7 Outward Bound Trip – Ullswater Centre

As part of the Churnet View Middle School Key Stage Three Programme, I am writing to you to offer your child a fantastic opportunity of attending a 5-day residential adventure trip in the Spring 2024 term. The trip will take place between the dates of Monday 22nd- Friday 26th April 2024, giving the pupils four nights and five days to experience a whole host of fun activities!

The trip has been organised with Outward Bound and will be based at their camp in Ullswater in the Lake District. Outward bound are an educational charity that inspire young people to defy their limitations! They believe "Limitations on young people, whether real or perceived, come in all shapes and sizes. We use the power of learning and adventures in the wild to defeat them all. We partner with schools, colleges and youth groups to teach young people the most important lesson they could ever learn: to believe in themselves. Helping build attitudes, skills and behaviours underpinning success in both school work and life for your young people such as resilience, confidence, communication and building character."

We have worked with Outward Bound to design a trip which help pupils bond with each other and so it is based around team building activities. The types of activities offered by the company include: Raft Building, Canoeing, Abseiling, Kayaking, Rock climbing, Gorge Scrambling and many more. Pupils will come home from the experience with a sense of achievement; confidence in their ability to experience new opportunities, and a greater understanding of outdoor adventurous activities. Time spent outdoors offers a fantastic chance for pupils to interact away from the distractions of everyday life. It takes them out of their comfort zones and encourages both independence and teamwork. It is a great way to mark the beginning of their progression into upper KS3.

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The cost of the trip is approximately £400. *(Please note the final payment may be slightly less/more depending on the final numbers).* There will be an option of a parent payment scheme, which allows 6 installments. A deposit of £50 to secure a place then 5 further payments of £70 to be paid in 6 week blocks. This cost includes travel to and from the venue, all meals and snacks, all activities and equipment needed for these activities and accommodation. Loaned equipment contains – walking boots, waterproofs, bags etc, so students don't need to go out and buy these. The only things they need to bring are the essentials (t-shirts, jumpers, joggers etc). Accommodation will be rooms of 4-10 people. Some rooms have en-suite bathrooms and others have toilets and showers adjacent to rooms.

If you wish to find out exactly what your child can expect from this unique opportunity, please visit <https://www.outwardbound.org.uk/ullswater>. The website will provide an insight into some of the fantastic experiences they can look forward to, accommodation and meals.

I feel that pupils will get a great deal out of this trip in terms of them enjoying the activities provided; they will also be able to develop their ability to build strong relationships with their peers and their teachers, who will be accompanying the trip.

Finally, as this is such a wonderful opportunity, please be mindful that should your child wish to attend, their behaviour and attitude must be exemplary in school. If this is not the case, your child will not be able to attend and the place will be offered to someone else. Please be aware that no refund will be available, should they be withdrawn from the trip.

If your child would like to attend the trip, please complete a deposit of £50 via parent pay by **Friday 31st March** to secure your child's place. There are only **96** places available, which cannot be exceeded, so it will be a first come first served basis. **Please be aware that the deposit is non-refundable.**

I am very much looking forward to this trip and hope that your child will be joining us. I will be holding an assembly closer to the trip date to answer any questions you may have.

Yours sincerely,



Miss Hickling
PE Department